

101 Affirmations for Children

1. I can do whatever I focus my mind on.
2. I am awesome.
3. I am very intelligent.
4. I am a fast learner.
5. I am worthy.
6. I deeply love and accept myself.
7. I enjoy learning.
8. Learning is fun and exciting.
9. I have many gifts and talents.
10. I am healthy and am growing up well.
11. I have persistence in what I believe in.
12. I am very creative.
13. I am a great listener.
14. I am unique and special.
15. Opportunities come to me in good time.
16. I accept myself even though I sometimes make mistakes.
17. Every day and in every way, I get better and better.
18. I am calm, relaxed and peaceful.
19. I enjoy being, feeling and thinking positive.
20. Problems challenge me to better myself in every way.

21. I am loving kindness to all.
22. I am present.
23. I trust in my ability to solve problems.
24. I enjoy my own company.
25. I am whole and complete.
26. I believe I can be whatever I want to be.
27. I am vibrant and have lots of energy.
28. I am divinely protected.
29. I am kind, generous and loving.
30. I complete my school work on time every day.
31. I achieve great and successful results.
32. I am brave.
33. I experience beauty wherever I go.
34. I have got an awesome imagination.
35. I am able to solve problems creatively.
36. I am thankful for my blessings.
37. I choose to forgive all others for any mistakes they have done.
38. I feel confident and secure.
39. I am courageous even when things are unknown to me.
40. I reach my goals easily.
41. I am gentle with myself.

42. I radiate love and compassion.
43. Miracles happen to me every day.
44. I read, write and learn fast.
45. I absorb knowledge like a sponge and am able to apply what I have learnt.
46. I do my best for my studies.
47. Be attentive in class.
48. I enjoy challenging myself in new ideas, possibilities and directions.
49. I am a winner!
50. I turn failures into opportunities for success.
51. I handle all my responsibilities and tasks well.
52. I enjoy eating healthy snacks.
53. I love my body.
54. I am honest and trustworthy.
55. I choose to look for the best way to forward for myself.
56. I love being healthy!
57. I manage my time well.
58. I like being punctual.
59. I enjoy having habits that will help me have a happy, healthy and successful life.
60. I believe in my dreams.
61. I have an excellent memory.
62. I am Me, and I am Okay